

Supporting Self-Advocacy and Self-Awareness

Secondary Executive Function Survey

Directions: Please complete the following survey. For each statement, check the box that applies to you.

Conscious Control

Executive Function Statement:	I can do this With Adult Support	I can do this Independently After Access to Support Resources	I can do this Independently
I always give my undivided attention and focus when I am video conferencing with a person or working on a synchronous activity.			
I easily shift my focus from one event to another without becoming distracted (e.g., class, subject, task, discussion).			
I maintain my focus on a task, despite distractions.			
I refer to directions and notes to help answer questions before asking others.			
I think of possible next steps and determine possible results before I act.			
I remember details that support a claim.			
I hold on to verbal and visual information while considering other information.			

Engagement

Executive Function Statement:	I can do this With Adult Support	I can do this Independently After Access to Support Resources	I can do this Independently
I initiate a task.			
I persist in a task.			
I plan and work well within time frames.			
I rank my options and select the best one.			
I easily follow and complete tasks that require multiple steps (e.g., following directions, creating a schedule for before and after live instruction).			
I identify and explain cause-and-effect relationships.			
I determine and explain how events, concepts, and things are similar and different.			
I easily categorize information to help me organize my thoughts.			
I think about multiple concepts simultaneously.			
I make inferences, hypotheses, and/or deductions based on a text or problem.			
I envision things that don't exist yet, with great detail.			
I think of many possible ways to solve a problem.			

Collaboration

Executive Function Statement:	I can do this With Adult Support	I can do this Independently After Access to Support Resources	I can do this Independently
I see multiple sides to a situation.			
I change my perspective and see how someone may experience things differently.			
I find solutions to conflicting opinions with others.			
I show appreciation toward other people's thoughts and contributions.			
I put forth effort to make a difference for others.			
I make suggestions to other group members that will help them work more effectively.			
I assist group members in reaching a consensus and resolving conflict.			

Empowerment

Executive Function Statement:	I can do this With Adult Support	I can do this Independently After Access to Support Resources	I can do this Independently
I accurately self-check my work.			
I consistently submit quality work on time.			
I persist through challenges to achieve quality work.			
I set personal goals and develop a plan to work toward it.			
I reflect on my personal goals and monitor my performance to meet goals.			
I analyze my failures and setbacks and develop strategies for breaking through.			